

HALEON

If taking this product along with Centrum Menopause Support Multivitamin + Hot Flash Support, take Centrum Menopause Support Restful Sleep in the evening before bedtime and Centrum Menopause Support Multivitamin + Hot Flash Support in the morning with breakfast. Do not take products together.

Store at room temperature.

Keep bottle tightly closed.

Bottle sealed with printed foil under cap. Do Not Use if foil is torn. "Sealed for Your Protection"

Questions? Comments?

Call 1-877-CENTRUM (236-8786)

For most recent product information, visit www.centrum.com

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geniVida® is a trademark of DSM.

DailyZz™ is a trademark of Kemin Industries, Inc.

Proudly manufactured in a GMP facility.

A clinical study showed an improvement in quality of sleep and next day cognitive function after 30 days of nightly use of DailyZz™.

A clinical study showed a significant reduction of hot flashes after 12 weeks of daily use of geniVida®.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



MENOPAUSE SUPPORT

for all stages of menopause

restful sleep

Supports quality of sleep* and helps reduce hot flashes at night!*



ACTUAL SIZE

207687

DIETARY SUPPLEMENT

28 TABLETS

DIRECTIONS: Adults: Take one (1) tablet daily in the evening before bedtime. Not formulated for use in children. Do not exceed suggested use.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Calcium	110 mg	8%
DailyZz™ Herbal Blend	485 mg	*
Spearmint Extract (<i>Mentha spicata</i>) (aerial parts)		
Green Tea Extract (<i>Camellia sinensis</i>) (aerial parts)		
geniVida® (genistein)	30 mg	*

*Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Croscarmellose Sodium, Polyvinyl Alcohol. Contains <2%: Blue Lake 2, Calcium Silicate, Hydrogenated Cottonseed Oil, Magnesium Stearate, Mica-Based Pearlescent/Titanium Dioxide (color), Polyethylene Glycol, Red Lake 40, Silicon Dioxide, Stearic Acid, Talc.

Distributed by: Haleon, Warren, NJ 07059

As with any supplement, if you are pregnant or nursing, consult your healthcare provider prior to use.

If taking other supplements, read label, since supplements may contain the same ingredient.

Keep out of reach of children.

Consult your healthcare provider prior to use if you are taking medication, have any medical condition, or a history of breast cancer.